

# EQ-i Coach: Audits

## What is EQ?

Emotional Intelligence (EQ) is an emotional and social skillset that influences the way we perceive and express ourselves, develop and maintain social relationships, cope with challenges, and use emotional information in an effective and meaningful way. It is a key indicator in predicting human performance and development potential in the workplace. EQ skills are learnable and can be targeted and developed over time.

**EQ-i Coach helps executives and teams become more productive, more profitable, and more personally fulfilled.** This is accomplished by assessing innate skills in order to identify and address the gaps between actual and expected performance in the workplace. We then coach an individual or team to bridge the gaps to maximize performance. These transformations occur through 1:1 or team coaching, assessments and audits, and workshops.



When groups or individuals in a company exhibit undesirable behaviors, there are negative, far-reaching effects. Left unaddressed, this type of dysfunction will have serious recruitment, retention, and revenue consequences. It is vital to pinpoint underlying causes contributing to the issues and take corrective action—before it is too late.



**Critical Incident Audit:** If an incident has occurred or there has been mounting discussion surrounding a team or individual, this audit is imperative. It includes two hours spent interviewing up to 15 people as a group, writing a report, and delivering and debriefing the report with the CEO or department manager.



**Qualitative Team Audit:** Companies that are experiencing an underperforming team or department, or an issue with a specific team, utilize this option. It includes two hours spent interviewing up to 15 people as a group, writing a report, and delivering and debriefing the report with the CEO or department manager.



**360-Degree Audit:** For this offering, we interview people above and below (in terms of corporate and team hierarchy) the individual being assessed to obtain a 360-degree perspective on a person as a subordinate and a manager. This includes two hours spent interviewing up to 8 people as a group, writing a report, and delivering and debriefing the report with the CEO or department manager.

In need of an EQ-i audit? Contact EQ-i Coach at **314-499-1110** or email [rmoore@eqicoach.com](mailto:rmoore@eqicoach.com).

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